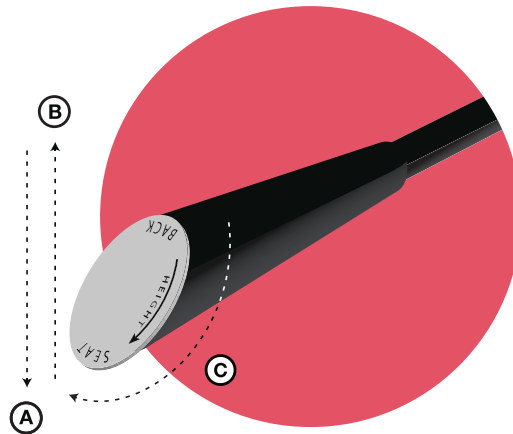


## OPERATING YOUR 1 LEVER MECHANISM



### A) SEAT TILT

To adjust the 'Seat Tilt', PUSH the lever DOWNWARDS and hold until your desired position is set. Then release.

### B) BACK TILT

To adjust the 'Back Tilt', PULL the lever UPWARDS and hold until your desired position is set. Then release.

### C) SEAT HEIGHT ADJUSTMENT

To adjust the 'Seat Height', ROTATE the lever FORWARDS to achieve your desired height. Then release.

**Note:** When raising the height, remove your body weight from the seat.

**Please note:** The lever does not rotate backwards.

