

## OPERATING YOUR TOUCH MECHANISM



FRONT

### A) SEAT HEIGHT CONTROL

Lift and hold the lever upwards to set the seat to the correct height. Release when desired height is reached.

**Note: When raising the height, remove your body weight from the seat.**

### B) TENSION CONTROL

To correctly set-up the chair to match the height and body-weight of the user when it is in the synchro (free- float) mode, use the lever under the right-hand side of the seat, and turn the round handle rearwards to lighten the tension.

To increase the tension, please turn the same handle forwards.

**Please note that this lever will adjust the resistance in the chair to suit users from 45kg to 130kg, and this is achieved with just one revolution of the handle.**

As the lever is adjusted, a 'click' can be heard with each incremental change – and we recommend that you lean backwards in the chair after each change, in order to determine if the appropriate level of support has been achieved.

### C) SEAT SLIDE CONTROL

To use the seat slide function, pull the lever up, and hold it firmly. Then use your hips and legs to move the seat forward or rearwards until the depth of the seat is at the desired position; then release lever and the seat will stay locked in that position.

### D) SYNCHRO LOCK

To lock the synchro (free float) movement, rotate the lever rearwards. To engage (unlock) the synchro rotate the lever forwards.

**The seat will stay in position after being 'unlocked', until you rock backwards on the chair, which will then engage the free-float movement.**

### OPTIONAL CHAIR FEATURE: THE LUMBAR AIR PUMP

- ① Inflate bladder to increase lumbar support.
- ② Press and hold button to release lumbar support.

